Personal Pronoun Guide

The NWQMC Justice, Equity, Diversity, and Inclusion Sub-Committee strongly encourages all moderators and speakers at the NMC to state their pronouns when introducing themselves and / or display their pronouns virtually.

What are personal pronouns and why are they important? Pronouns, such as they, she, he, ze, are often used when speaking about yourself or someone else, and many times the gender of someone is implied when using personal pronouns. However, these gender associations are not always correct and can lead to offensive misgendering when talking to or about someone.

Why should I state my personal pronouns? Stating your personal pronouns indicates to others how you want to be referred to and indicates how others can create an inclusive environment for all. It is important for those with more common pronouns (she/her, he/him) to state their pronouns too as this creates common practice for all to look for what pronouns to use and reduces the chance of assuming pronouns for someone.

How should I indicate my personal pronouns? You can indicate your pronouns following your name on the virtual meeting software, and by stating your pronouns when introducing yourself.

Short example script:

"Hi, I'm Phillip and I use 'they/them' pronouns."

"My name is Samantha and I use 'she/her' pronouns"

Further reading:

https://www.mypronouns.org/